



## MEMBERSHIP & COMPETITION RULES

These rules are complex but necessary. The onus is on Associates to read and understand these rules and to check with BJP if in doubt about the eligibility of any individual or team to compete. If a competitor or team is disqualified, any prizes won must be returned to BJP. Note that if a rule does not specify that it relates to a particular age group or category, then it applies to **all** members. BJP reserves the right to change a rule or directive should circumstances deem it necessary.

INDEX	page
<b>Definitions</b>	1
Registration	2
Syllabus	3
Club Duties	3
Associates & their uniform	3
<b>Competitions – General</b>	4
Competition Zones	5
Competition Age Categories	5
Champion Girl Competitions	6
Interclub Competitions	7
<b>Dress Rules - General</b>	8
Dress Rules specific to Juniors	8
<b>Teams – General</b>	9
Doubling Rules for Teams	10
Exceptions in Teams	11
Champion Lady Competitions	12

### DEFINITIONS

BJP	Bjelke-Petersen School of Physical Culture Ltd.
Physie	The sport of Physical Culture.
Associate	A registered BJP teacher.
Member	A person who has paid their membership fee to BJP entitling them to learn the BJP syllabus.
Registration	The annual fee to become a BJP member.
Syllabus	Routines choreographed by BJP and taught by Associates.
Entry	The fee to perform at BJP competitions in Champion Girl and/or teams.
Team	A group of members from the same club competing together.
Champion Girl/Lady	Individual competitions for girls or ladies who are members.
Zone	A group of clubs determined by BJP which come together to compete against each other.

Grade	The subdivisions within a team competition category – that is Championship, A or B Grade.
Category	An age group determined by BJP for competition purposes.
Section	A division within a category for team competitions.
Exception	A member used in a team of higher or lower age/status than her own.
Double/Doubling	To use a member in two teams.
Status	The category in which Seniors or Ladies are entitled to compete based on which category they have previously competed in.
Without loss of status	When a member's team status remains unchanged by competing in another team category.
Combined	When two or more age groups or categories are joined together for Champion Girl or teams.
Playoff	When 2 or more winners of team sections within a category compete against each other for the overall cup.
Interclub	A competition for individuals between clubs, run by a host club.
3-2-3	A formation for team competitions where members drill: three in the front line, two in the second line spaces and three in the back line.

## REGISTRATION

### Duty to Register

- Members 5 years and older who learn a BJP syllabus must be registered regardless of whether they compete or not. Unregistered members may not learn the BJP syllabus.
- BJP Registration and payment of \$88 (including GST) must be made online after attending no more than 2 lessons and must be completed by the member or parent of the member only.
- Registration is not refundable or transferrable to another person.

### Registration with Clubs

- Individuals may only register with one club and must not attend classes at more than one club concurrently.
- Members may only attend classes at and compete for the club with which they are registered in that year.
- Permission from BJP must be sought for any Juniors or Ladies wishing to register with or compete for a club that is interstate or a great distance from where they live.

### Transfer of Registration

- Once registration to a club is paid, members cannot change clubs unless they apply for and are granted a Transfer of Registration.
- Transfer of Registration will only be granted if:
  - The member has a genuine change of address bringing her closer to the club she wishes to join. Applications are submitted by Associates on behalf of their members using the appropriate form. Proof is required.
  - A club closes all or some of its classes during the year, enabling members from those classes to become eligible for Transfer of Registration.

### Returning Members

- Members returning on or before 15<sup>th</sup> March may register with any club they wish.
- Members returning after 15<sup>th</sup> March must return to the club they belonged to the previous year, unless they apply for and are granted a Transfer of Registration.

### Pre-schoolers

- Girls 4 years and younger who are not learning BJP syllabus are not required to register.

12. Girls 4 years and younger may not compete in Champion girl.
13. 4 year olds may compete in Interclubs and/or 5-6 year teams, provided they register to learn the BJP 5-6 year syllabus and have had their 4<sup>th</sup> birthday by 1<sup>st</sup> September that year.

## **SYLLABUS**

1. The BJP syllabus is subject to Copyright and may not be resold or rented to anyone. This applies to the written syllabus, to the video footage of syllabus and to the music.
2. The BJP syllabus may not be publicly performed or shared publicly before 1<sup>st</sup> September each year without the permission of the Directors, except at Interclubs (see Interclub Rules).

## **CLUB DUTIES**

1. Clubs will be sent an annual Affiliation Agreement which must be signed and returned immediately to BJP.
2. Clubs must pay for all goods when placing orders upon receipt of invoice.
3. Clubs must pay for all Competition entries on or before 1<sup>st</sup> June.

## **ASSOCIATES**

1. Associates are representatives of BJP and are required to act in accordance with the BJP Code of Conduct at all times and to follow all rules and directives of BJP.
2. Associates may attend any Associate classes they wish and as many as they wish provided they are registered.
3. Associates must be 16 years of age or older.
4. Any girls younger than 16 who are teaching a class must have an adult supervising them.
5. Associates may belong to other Physical Culture organisations but may not teach for them.
6. Associates may compete in a team of which they are the teacher (except a Novice or Intermediate Ladies team) provided that, by doing so, they do not omit a club member from competing in a team altogether.
7. Associates competing as Ladies may compete only as Open Ladies in any competitions.
8. Associates competing as Seniors must compete only in the category deemed by their status.
9. Any Associates wishing to run workshops for other clubs must seek permission from BJP. Similarly, any clubs hosting a workshop with other clubs must advise BJP who will teach the workshop.
10. All Associates are invited to apply to judge for BJP, provided they have judged 2 or more club competitions or Interclubs. Associates will be given every possible opportunity to judge for BJP, provided they comply with the Judges' Code of Conduct.

## **ASSOCIATES' UNIFORM**

1. Only registered BJP Associates may wear the Associate uniform.
2. The Associate badge and/or Long Service medal must be worn with the uniform. The only other badges that may be worn on the uniform are the Senior Grand Champion medal, the 125Y medal and/or the BJP-supplied name badge.
3. Associates must wear the correct uniform when presenting teams or calling at Champion Girl, including the correct footwear and accessories.

4. All Uniform garments must be purchased from the BJP supplier, including pants, skirts and belts. No other garments such as belts, jackets or cardigans may be worn.
5. Jackets, belts and scarves are not compulsory, except when wearing the A-line dress, with which it is compulsory to wear the scarf. The belt may not be worn with the A-line dress.
6. Shoes must be plain, black closed-in court shoes, heeled or flat. Peep toe court shoes are permitted but without ankle straps, sling backs or sandals. No colours other than black may be on the shoes.
7. If stockings are worn they must be skin colour, not black.
8. No coloured accessories may be worn in the hair or elsewhere unless they colour-match the cherry-red of the uniform.
9. Failure to adhere to the above uniform rules when presenting teams results in a loss of up to 5 points per team. Judges are required to report any deductions to the BJP event Official.

### **COMPETITIONS - GENERAL**

1. Competitions are open to registered BJP members 5 years and older.
2. A competitor's age on 31<sup>st</sup> August is deemed to be her age for competitions. For example, if a girl turns 9 on 31 August her competing age is 9 but if she turns 9 on 1 September, her competing age is 8.
3. Members may only compete in one Champion Girl category.
4. Members must compete in the category determined by their age and may not contest an age category higher or lower than their own except for:
  - a. Ladies 40 years & over (see Champion Lady Rules).
  - b. If an interclub does not offer a competition in their category, then they may compete in an alternative category at that interclub. (This does not affect their status).
5. Champion Girl/Lady competitors must compete in the zone that their club has been allocated.
6. Members must compete on the date published in the Competition Timetable: no alternative date will be considered for anyone failing to attend at the allocated date and time. This will apply in any and all unforeseen circumstances, including force majeure.
7. Competition entry forms and payment must be received at BJP by 1<sup>st</sup> June by email, fax or post. Entries will only be accepted when payment is received by cheque or EFT.
8. Entry fees are \$10 per person for Champion Girl/Lady and \$10 per team.
9. Late entries will not be accepted, except at the discretion of the Directors.
10. Teams must compete in the grade and zone set down in the BJP Timetable.
11. Competitions in any category will be held only if sufficient entries warrant it. BJP reserves the right to combine age groups, categories and/or zones depending upon entry numbers and to rezone clubs in order to make categories viable, including Ladies zones 1-4.
12. Team competitions will be held in all age categories and will be graded where numbers warrant it. There is no grading for Champion Girl categories.
13. The backstage and changing areas are a female-only environment for all events.
14. Videoing of competitors is only permitted from the back, with the exception of venues where the audience is seated in front of competitors. Videoing of other people's children is not permitted.
15. Spectators and competitors (other than those receiving prizes) may not enter the judging area at any time.

16. The Judges' decisions are final. No correspondence will be entered into regarding judges' decisions.

### COMPETITION ZONES

Competitions are held in the following zones. Country and Interstate Seniors and Ladies may compete in Sydney as well as in their own zones, if a competition is viable and scheduled.

Zone	Junior Champion Girl	Senior Champion Girl	Champion Lady	Teams
Northern	Yes	To Homebush	Zone 1	To Homebush
Southern	Yes	To Homebush	Zone 1	To Homebush
Nepean Valley	Yes	To Homebush	Zone 2	To Homebush
Pennant Hills	Yes	To Homebush	Zone 2	To Homebush
Liverpool	Yes	To Homebush	Zone 3	To Homebush
Wollongong	Yes	To Homebush	Zone 3	To Homebush
Central Coast	Yes	To Homebush	Zone 4	To Homebush
Newcastle	Yes	To Homebush	Zone 4	To Homebush
Central West	Yes	Yes	Yes	Yes
New England	Yes	Yes	Yes	Yes
Far North Coast	Yes	Yes	Yes	Yes
Queensland Gold	Yes	Yes	Yes	Yes
Queensland Maroon	Yes	Yes	Yes	Yes
Victoria	Yes	Yes	Yes	Yes
Mid North Coast	Yes	Yes	Yes	Yes

### COMPETITION AGE CATEGORIES

Competitions are held for Champion Girl and Teams in the following age categories.

<b>CATEGORY</b>	<b>CHAMPION GIRL</b>	<b>TEAMS</b>
<b>JUNIORS</b>		
5 years	5 years – Zone level only.	5-6 years
6 years	6 years	
7 years	7 years	7-8 years
8 years	8 years	
9 years	9 years	9-10 years
10 years	10 years	
11 years	11 years	11-12 years
12 years	12 years	
13 years	13 years	13-14 years
14 years	14 years	
<b>SENIORS</b>		
15 years	15 years	15-1 <sup>st</sup> years
1 <sup>st</sup> year Senior	1 <sup>st</sup> year Senior	
2 <sup>nd</sup> year Senior	2 <sup>nd</sup> year Senior	2 <sup>nd</sup> year-Novice Senior
Novice Senior	Novice Senior	
Open Senior	Open Senior 19-20 years	Open Senior
	Open Senior 21-22 years	
	Open Senior 23-24 years	
	Open Senior 25-27 years	
	Open Senior 28 years & over	

<b>LADIES</b>		
Novice Ladies	Beginner, Level 1 and 2.	Beginner, Level 1 and 2.
Intermediate Ladies	Levels 3, 4 and 5	Levels 3, 4, and 5.
Open Ladies	Open Under 33 years	Open Under 33 years
	Open 33 years & over	Open 33 years & over
	Open 40 years & over.	Open 40 years & over
	Open 50 years & over.	Open 50 years & over
	Open 60 years & over.	Open 60 yrs & over in teams of 6.
Elite Ladies	Opens 23 years or older	Nil

## **CHAMPION GIRL COMPETITIONS**

### **Categories**

1. Champion Girl competitions will be held in each age category from 5-14 years in each zone provided there are 12 or more girls competing. If less than 12 girls, BJP reserves the right to transfer categories to another zone or combine the two age groups that have learned the same syllabus.
2. Open Senior champion girl will be held in all categories provided numbers warrant it. BJP reserves the right to alter the age categories depending on the number of entries received.
3. Up to age 15, girls compete in the category deemed by their age. After 15, their category is deemed by their Champion Girl status, which progresses each year in which they compete.
4. Girls aged 17 or older who are joining physie for the first time or returning to physie may choose to commence as a 1<sup>st</sup> year Senior (provided they previously competed in a category no higher than 15 years) or as a 2<sup>nd</sup> year Senior, or as a Lady in the Ladies category determined by their status. Girls aged 19 years or older also have the option to commence as an Open Senior.
5. The winners of each Open Senior category at the Senior Finals are not eligible for heats the following year but will challenge for the title of Grand Champion at the Opera House.

### **Awards**

6. All places awarded will be in accordance with the official BJP Numbers Table, with a maximum of 5 places being awarded and those placegetters 6-14 years qualifying for Junior Nationals.
7. All Junior zone finalists aged 6-14 years qualify for Repechage, but not placegetters.
8. The 5 placegetters in each age category at Repechage qualify for Junior Nationals.
9. If age categories are combined and more than 5 places are awarded then only the first 5 placegetters in each age category are eligible to compete at Nationals, the remainder qualify for Repechage.
10. In the 15 year, 1<sup>st</sup> year and 2<sup>nd</sup> year Senior categories, 30 girls will be chosen to compete at the Senior Finals and will be divided into two sections of 15.

### **General**

11. Competitors at a zone must arrive 30 minutes prior to the start time shown in the BJP Timetable. Arrival after this time may lead to disqualification at the discretion of the BJP Official. However, the Repechage arrival time is 60 minutes prior to start. National competitors are advised in writing of their arrival time.
12. Junior girls aged 5-14 years are not required to perform the full splits and may bend the back leg without penalty. Judges may only take splits into consideration when judging 15 years through to Open Seniors.

13. Members who are physically or mentally disabled may contest a different category to their age/status provided a written application, accompanied by medical certificate/s, has been lodged and permission granted by BJP.

## **INTERCLUB COMPETITIONS**

Interclubs may be held during the month of August only each year and are arranged by host clubs, not by BJP management. They may be held between clubs provided the following rules are adhered to.

### **Authorisation and Reporting**

1. Host clubs running Interclub competitions must uphold all BJP rules and dress rules.
2. Host clubs must hold a Licence to perform the BJP syllabus, issued by BJP upon receipt of a completed application form and payment for all clubs participating.
3. The licence must be displayed at the interclub and sighted by the judges.
4. The BJP fee for each club to participate is \$77 including GST. Host clubs must make one payment covering all participating clubs. Payment may be made by one cheque or one EFT.
5. Applications and payment must be received one calendar month prior to the date of the interclub, along with the names of the judges.
6. Within one month of the conclusion of an interclub, the host club must provide a list to BJP of names of actual competitors, not those who did NOT compete. The list must state the name, club and the category in which they competed. BJP uses this information to help determine the status of returning members. Interclub results are not required by BJP.

### **Judges and Competitors**

7. All judges must be registered BJP Associates and only 2 judges may judge at any one time.
8. The maximum number of competitors allowable in one day is 400.
9. All Interclub competitors must be registered with BJP, including 4 year olds.

### **Restrictions**

10. The maximum fee to be charged for participants is \$10 and for audience members is \$5.
11. All medals and certificates awarded must be purchased from BJP. No trophies or other prizes may be awarded. Any club breaching this rule will not be issued further licences.
12. No team competitions are permitted at Interclubs.
13. Clubs may participate in no more than two interclub competitions. They may host one and attend another or attend a maximum of two. No member may compete in 3 Interclubs.

### **Status and Category**

14. Participation in an interclub will alter status for Seniors and Ladies and they must progress to the next level the following year regardless of whether they compete at zone.
15. Seniors and Ladies must compete in exactly the same age category section for both interclub and zone competitions unless their chosen category is not offered at the interclub. Appearing or performing in a category at an interclub also means that is their chosen category for that year, whether or not they compete for a prize.

## COMPETITION DRESS RULES – GENERAL

### Leotards and Performance Wear

1. Only leotards or performance wear supplied by the official BJP supplier may be worn and must show the BJP stamped logo. BJP reserves the right to check garments for compliance at all competitions.
2. BJP supplier styles from any previous year may be worn.
3. In individual competitions, any colour and style of BJP supplier attire may be worn.
4. In individual competitions, Juniors up to 12 years must wear leotards. 13 years and older may choose to wear either:
  - a. Leotards
  - b. Performance wear
  - c. Leotards with Performance Wear leggings over the top.
5. In team competitions 5-12 years may wear only BJP supplier plain black leotards in Jenny, Taylor, Judy (or previous team styles)
6. In team competitions 13 years and older may choose to wear either:
  - a. BJP supplier plain black leotards in Jenny, Taylor, Judy (or previous team styles)
  - b. BJP supplier coloured performance wear team tops and plain black leggings
  - c. BJP supplier plain black team leotards with plain black leggings over the top.

### Other Garments

7. Undergarments of any type must not be visible.
8. Competitors of any age may have bare legs or wear plain or mesh skin-coloured stirrup tights with leotards, however, no tights may be visible if wearing any performance wear leggings.

### Additional Items

9. In teams, any hair accessories may be worn but no other accessories or props of any kind are permitted during competition or the prize-giving presentations. This includes gifts.
10. Seniors (15 years and older) and Ladies may wear flesh coloured foot thongs.
11. If strapping tape is worn or tape to cover tattoos, it must be skin-colour.
12. Hair accessories may not be worn by Seniors (15 years & older) or Ladies in individual events but may be worn in teams. No hair glitter may be worn in any competition.
13. For Seniors (15 years and older) and Ladies, wedding rings and small stud earrings up to 0.5cm diameter (gold, silver or gem) may be worn but no other jewellery, watches or wristbands are permitted. For Juniors see below.
14. Any necessary sizing alterations to performance wear must not change the style or design of the garment.

## DRESS RULES SPECIFIC TO JUNIORS 5-14 YEARS

1. **Hair Styles** - Girls may only wear their hair in simple styles. No teasing of any part of the hair or pinned curls are permitted. Long hair may be worn in a ponytail, plaits, bunches, half up/half down or loose. Ballet buns may be worn low at the nape of the neck only. No false hair pieces are permitted.
2. **Hair Accessories**

- **For Champion Girl:** Plain coloured ribbon no wider than 2.5cm may be worn, either in satin, nylon or lycra. The ribbon may be clipped on or tied around the ponytail/s in a single bow or made into a bow and secured by clip or hairpins or may be worn as a head band. Scrunchies and 7.5 cm wide fabric multi-coloured bows for Juniors but must be purchased from the official BJP Supplier Bows & Things, and must display the BJP stamped logo. No accessories other than hair-coloured pins and elastics are permitted. Foam donut inserts are not permitted. No coloured hairspray or hair glitter may be worn.
  - **For Teams:** Any hair accessories, foam donuts, clips, ribbons or bows of any fabric and pattern may be worn. No coloured hair or hair glitter may be worn.
3. **Tan** – Girls may not wear any leg, face or body tan or coloured moisturiser in any competition, except where Junior girls are taken up to a senior team (but these girls may not wear tan in their champion girl event, even if it is scheduled on the same weekend).
  4. **Makeup** – All girls may wear lipstick, blush and foundation. Girls may not wear face or body glitter, eye shadow or false eye-lashes. 5-12 years may **not** wear eye liner or mascara. 13-14 years **may** wear eye-liner and mascara.
  5. **Jewellery** – No jewellery of any type may be worn. However, if girls have just had their ears pierced and cannot remove the studs, the studs must be covered with skin-coloured tape.
  6. **Nails** – Girls may not wear any nail polish or acrylic, gel or any other kind of false nails.

## TEAM COMPETITIONS – GENERAL

### Draws and Withdrawals

1. Team draws must be obtained by phoning BJP after 9am on the Friday one week preceding the competition: this is the only way for BJP to check that the event program is accurate. No draws will be given out by text or email. This includes country and interstate zones.
2. Team draws are created randomly by computer. In the event a club with two teams draws identical positions, the computer will redraw until there is no clash.
3. If less than 6 teams are entered in any category, BJP has the right to transfer those teams to another category or delete the category altogether.
4. Team withdrawals must be advised in writing prior to the event by email, fax or letter.
5. If a club with more than one team withdraws after the team draws are published, their team with the latest draw will be the one to be deleted.

### Presentation

6. Clubs must compete in the order in which they are drawn. Failure to appear on time will result in a loss of 5 points. Associates are responsible for checking team withdrawals and ensuring that their team is marshalled at the arena entrance when the previous team starts.
7. All teams must perform the syllabus in the correct sequence.
8. Associates presenting teams of all ages and grades are required to stand in full view of the judges. They may not block the judges' view nor stand directly in front of judging podiums.
9. Verbal instructions may be given to teams before the start and between routines. While the music is playing Associates may not move, speak, count, clap or stamp the beat.
10. Associates are not permitted to take a team onto the competition floor to practice prior to the start of the event. Failure to adhere to this will result in a loss of 5 points per team.

11. Associates are not permitted to take anything onto the competition Arena, including phones/cameras. Medical equipment for competitors, such as puffers, is permitted.

### **Eligibility**

12. Teams must have 8 members to compete (except Ladies 60yrs & Over which have 6).
13. All members of a team must complete the entire syllabus to be eligible for a prize. If a member leaves the floor before the syllabus is complete the team is disqualified. However, the team still counts towards the total number which determines the number of prizes.
14. For Seniors and Ladies, team status and individual status are determined separately. A competitor's team status has no bearing on her individual status and vice versa. Members entering Seniors or Ladies competitions for the first time take the same status for both teams and individual and thenceforth their status is determined separately.

### **Patterns and Positions**

15. The pattern for Junior 5-12 years and Novice/Intermediate Ladies teams must be 3-2-3, girls must use the markers provided and remain in the same position for all routines unless otherwise stated in the syllabus.
16. 13-1<sup>st</sup> years, Seniors and Open Ladies teams may perform the routines in a minimum of 2 and a maximum of 5 patterns, including 3-2-3. Seniors and ladies may start facing in any direction and need not all face the same way. 13-1<sup>st</sup> yrs must all face the front. Markers in 3-2-3 pattern will be provided for 13-1<sup>st</sup> year teams but need not be used.
17. When performing in patterns, no directional changes are permitted. This means that the direction a member is facing at the start must remain their 'front' throughout.

### **Backstage**

18. Each junior team competing at the Quaycentre Homebush may have a maximum of 2 helpers backstage in addition to any Associates in uniform presenting the teams. Clubs must provide a lanyard or ID badge to identify helpers stating name, club and the age group they are supervising. Parents must drop off children to a point decided by their teacher where they will be escorted backstage by an Associate. The backstage and changing areas are a female-only environment for all events.

## **DOUBLING RULES FOR TEAMS**

### **Permitted Doubling**

1. Teams may contain any number up to 8 girls who are doubled, provided they comply with age eligibility and doubling rules.
2. Any number of Juniors or Seniors may be used UP in a team of higher age group or category without loss of status.
3. Any number of Ladies may be used DOWN in an Open Ladies team of younger age group or category without loss of status.

### **Restrictions**

4. A member may not compete in more than two teams.
5. Identical teams of 8 members may not be used in two different categories.
6. No club members may be doubled if a member who is eligible and willing to compete in a team is left out of a team altogether. However, if a member is unwilling to compete in a team or happy not to, then the member or parent should provide a signed statement to the club.

7. Members may not be doubled from one team to another in the same category, except for Open Seniors (See Senior Rules) or when team age categories are combined by BJP.
8. Open Senior Grand Finalists from the previous year may not be doubled at all. That is, any challengers or 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place Open Seniors who competed in “Grand” at the Senior Finals the previous year.

### **Penalties**

9. If the doubling rules are broken or if a willing member is left out and replaced with a member who is being doubled, both teams are illegal and risk disqualification by BJP.
10. If a team is found to be illegal, the team is disqualified and prizes must be returned to BJP.

### **Effect on Status**

11. Members do not lose their status for being used in a different age group or category but, in the following year, will progress just as they normally would to the next age group or category. This is referred to as “without loss of status”.
12. Regardless of what category a Senior or Lady team member competes in (whether she is doubled or not) her team status progresses one year. If she does not compete in a team, her team status does not change.

## **EXCEPTIONS**

### **Junior Teams**

1. One Junior girl may be used down in a team of the age category one younger than her own as an exception. For example, one 11 year old may be used in a 9-10 year team but not a 12 year old.
2. 4 year olds may be used in a 5-6 year team, provided they are registered, but only if the club has insufficient 5-6 year olds who are willing to compete.
3. Junior girls may be used up into older age categories as follows:
 

4 years up 1 age group:	as high as 5-6 years
5 and 6 years up 1 age group:	as high as 7-8 years
7 and 8 years up 1 age group:	as high as 9-10 years
9 and 10 years up 2 age groups:	as high as 13-14 years
11 and 12 years up 2 age groups:	as high as 15-1 <sup>st</sup> years
13-14 years up 3 age groups:	as high as Open Senior.

### **Senior Teams**

1. In Open Senior teams only, four girls may be doubled from one team to another in the same category, whether this is divided into sub-sections or not. Any other girls being doubled must be girls from a category other than Open Senior.
2. Girls who are 15 years of age may compete in 15-1<sup>st</sup> year teams for two years. Girls who are 16 years or older may only compete in 15-1<sup>st</sup> year teams for one year before moving to 2<sup>nd</sup> year status for teams. Girls may compete in 2<sup>nd</sup> year - Novice teams for two years, regardless of age. Team status progresses one year each time a girl competes in a team.
3. Two girls only may be used down as exceptions (or doubled down) to the next youngest age category in all Senior categories as per the following rules.
4. Two Open Seniors may be used (or doubled) down into a 2<sup>nd</sup> year-Novice team. An Open Senior may not be used in a 15-1<sup>st</sup> year team.

5. Two 2<sup>nd</sup> year/Novice may be used (or doubled) down into a 15-1<sup>st</sup> year team provided only one of them is Novice. That is, 2 x 2<sup>nd</sup> years or 1 x 2<sup>nd</sup> year and 1 x Novice.
6. Two 15-1<sup>st</sup> years may be used (or doubled) down into a Junior 13-14 year team, provided only one of them is 16 and the other is 15. That is, 2 x 15 years or 1 x 15 and 1 x 1<sup>st</sup> year senior who is 16.
7. The Open Senior A Grade team category will be divided into sections provided entries warrant it and a playoff will be held between the winning teams. The team that wins the playoff will be awarded the Harald Bjelke-Petersen Memorial Cup and the runners up will be awarded the Robert Rae Turner Memorial Cup.

**Ladies Teams** - Refers to **'Team Status' only** (Champion Lady status is determined separately)

1. No Associates registered in the current year may be used in Novice or Intermediate teams.
2. Novice teams may include one Intermediate Lady (level 3, 4, or 5) of any age but no Open Ladies.
3. Intermediate teams may include one Open Lady of any age whose 'Team status' is Open Lady.
4. Intermediate teams may also include up to three Open ladies who are 50 years & over provided they are not competing in any other competition (including Interclubs) during the current year but only 3 Open ladies in total may be used (e.g. 2 x 50s and 1 x Under 33).
5. In all Open Lady categories, only one Lady of a younger age may be taken up (or doubled up) to an older team of the next oldest category only. Any number may be taken down to a team of any younger category.
6. Novice and Intermediate Ladies being used (or doubled) into Open teams must comply with the rules regarding age eligibility for teams.
7. One Lady per club of any age or status may be used down (or doubled down) into an Open Senior team, whether she is competing in a Ladies' team or not. This Lady is not classed as having transferred back to Seniors.
8. Open Ladies who were Open Senior Opera House Grand Finalists in the previous year may not be doubled.

**CHAMPION LADY COMPETITIONS**

**General**

1. Members must be 17 years of age or older to compete in Ladies categories, except for Elite Ladies, who must be 23 years or older. This allows girls to progress from 1<sup>st</sup> year Seniors to Ladies if they wish to or if their club does not provide a Senior class.
2. A member who wishes to transfer from Ladies back to Seniors must apply in writing (submitted by her teacher) for permission from the BJP Directors to do so.
3. Novice and Intermediate Ladies may choose to compete as Opens in their age category but will take open status for Champion Lady from then on. Team status is unaffected.
4. Open Ladies 40 years & Over may compete in 33 years & Over instead if they wish. Open Ladies 50 years & Over may compete in 40 years & Over or 33 years & Over instead if they wish. They must compete in their chosen age category for all competitions (including Interclubs) this year unless that category is not offered at the particular Interclub.

5. Where there are 60 or more Novice Ladies entries in a Zone competition they must arrive at the same time but may be split into two sections with places awarded in each section. This will only occur where there are 30 or more competitors from each category below:

Section 1: Beginner Ladies (those who have never done physie before) – placegetters do not qualify for the National Finals

Section 2: Novice Ladies (Level 1 and Level 2) – placegetters proceed to the Ladies National Finals.

6. A Lady's status is determined by the table below.

Category	Level	How to determine team status and/or individual status
Novice	Beginner	Beginners who have never done physie before.
Novice	Level 1	Ladies who have not registered with BJP at all in the last 15 years, regardless of previous status. Ladies joining BJP for the first time from another organisation regardless of their status within that organisation. Ladies returning to BJP within a 15 year time span who last competed as a Junior no older than 14 years of age (or 15 years prior to 2004).
Novice	Level 2	Ladies who competed as a Level 1 Lady last year or prior. Ladies who competed as a 1 <sup>st</sup> year Lady prior.
Intermediate	Level 3	Ladies who competed as a Level 2 Lady last year or prior. Ladies returning to BJP within a 15 year time span who last competed as a 15 year or 1 <sup>st</sup> year Senior.
Intermediate	Level 4	Ladies who competed as a Level 3 Lady last year or prior. Ladies who competed as a 2 <sup>nd</sup> year Lady prior.
Intermediate	Level 5	Ladies who competed as a Level 4 Lady last year or prior. Ladies who competed as a 2 <sup>nd</sup> year/Novice Lady prior.
Open	Level 6	Ladies who competed last year as a Level 5 Lady or Open Lady. Ladies returning to BJP within a 15 year time span and last competed as a 2 <sup>nd</sup> year, Novice, Open Senior or Open Lady. All Ladies registered as Associates in the current year.

7. Elite Ladies' heats are held at Sydney Olympic Park where 15 Ladies will be chosen for the final at the Sydney Opera House. There are no zone competitions for this category. Routines for this category will be specified annually in the syllabus. This category will only be held if the entries in June warrant it.

### Composition of Grand Final at Ladies Nationals

1. Current year placegetters in Under 33 and 33 Years & Over categories at Nationals
2. Winners of current year 40 Years & Over and 50 Years & Over provided this event can be held before the Ladies Nationals event.
3. Under 33 and 33 Years & Over Challengers (winners from previous year)
4. Ladies National Champion Challenger (overall winner from previous year)  
Challengers must compete here and may not compete at zone.

*Revised: January 2020*